

Dear IDG friends,

In this June newsletter we continue to explore the **Being, Thinking** and **Relating** dimension of the Inner Development Goal framework through the [Inner Growth & Personal Effective](#) session with Kelvin Ng on 18 June; the upcoming **IDG Global events** with discount code; and an important reading piece **Earth for All: A Survival Guide for Humanity** from Club of Rome, written by Jamie Bristow and co-authored by Christine Wamsler, **Otto Sharrow, Tomas Björkman**, and several other important thinkers.

- IDG HK: June learning – [Inner Growth & Personal Effective](#)
- IDG HK: [Recapture May session](#)
- IDG HK: [Chat with IDG HK friends](#)
- IDG Global: Event [Caux Forum, Oct Summit](#)
- IDG Global: Earth edition – [Earth for All: A Survival Guide for Humanity](#)

[IDG Hub of Hong Kong](#)

[June Learning – Inner Growth & Personal](#)

Our personal effectiveness depends very much on how we perceive & interpret the task we are working on, the people we are working with and, most importantly, our own self. Inner Growth is about making this perception & interpretation more expansive, less distorted, less egocentric & less reactive.

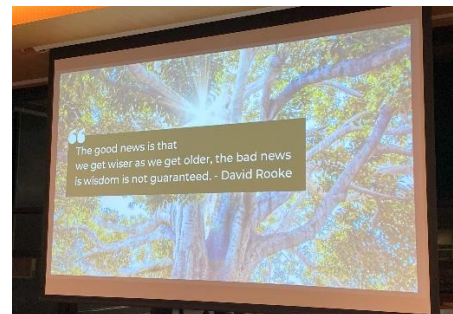
In this workshop on **18 June (Tue) at 1900**, we shall find out what aspects we could look into in order to develop greater self-awareness and practice some inquiry techniques.

Being with Task - The frames of mind we use to achieve & explain result
Being with People - The emotional states from where we interact with others
Being with Self - The images we use to represent ourselves

More details and registration [HERE](#)

May Learning recap – How to Grow as Adult

In May, Natalie has led a group of 20 people to explore the adult development; how we grow as adults and why it's important in a complex world. Everyone openly shared their 'heat experiences' and experiences of inner growth with opened mind and curiosities.



Chat with IDG HK friends

Join the IDG HK Whatsapp group [HERE](#) to interact and exchange inner growth-related topics and thoughts with the IDG HK friends.

Build your inner strengths with your family and friends. Invite them to join the IDG HK Community [HERE](#) so that they speak the same language and share the inner joys with you.

IDG global events

Caux IDG Forum in Switzerland, July 9-13th

The forum is a collaboration between IDG and Initiatives of Change and will focus on how the IDGs can support and catalyze SDG challenges.

Immerse yourself in the picturesque surroundings of Caux, Switzerland, as we delve into the crucial intersection of Inner Development and global sustainability.

Registration is open [HERE](#) and this is a [recording](#) with information about the Forum.

IDG October Summit – 16th to 18th Oct - discount code included

Hope you are joining the IDG Summit this year on 16-18 Oct 2024 in Stockholm. Learn more about the Summit [HERE](#).

Discount code: as a member of the IDG Hub of Hong Kong, you can get a 25% discount for your in-person ticket by entering this promotion code **IDGfriend25** when you register.

Earth for All: A Survival Guide for Humanity

Earth for All: A Survival Guide for Humanity, a Report to The Club of Rome, offers system change pathways to avoid ecological and societal collapse through 'extraordinary turnarounds' in key policy areas. While ambitious policy levers are much needed, sustainable change hinges on integrating material interventions with consideration of the human inner dimension: reckoning with the deep collective structures of thought foundational to failing systems, and nurturing the inner capacities necessary to overcome barriers to collective action and structural transformation.

This Deep-Dive paper aims to complement Earth for All by highlighting the overlooked inner dimension of system change, and supplying systems thinkers with the language to advocate for psychological, social and spiritual factors crucial to sustainable solutions. It discusses worldviews, mindsets, values and identity as root drivers of cultural behaviour, their interaction with psychological and behavioural tendencies, and the transformative inner capacities that can be cultivated to intervene at deep leverage points; and introduces existing initiatives leading the way in integrating inner and outer dimensions of system change.

"The system within - Addressing the inner dimensions of sustainability and systems transformation", [HERE](#) is the link to the paper.



INNER DEVELOPMENT GOALS
Transformational Skills for Sustainable Development

Inner Development Goal (IDG) aims to simplify a complex field of inner development into a framework that helps to identify, understand, communicate, develop and integrate the inner skills needed for sustainable development.

Best regards,

The Core team of IDG Hub of Hong Kong

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