

Dear IDG friends,

In this July newsletter, we invite you to continue exploring the **Being** dimension of the Inner Development Goal framework - cultivating our inner life and developing and deepening our relationship to our thoughts, feelings and body help us be present, intentional and non-reactive when we face complexity; update of Hong Kong hub name and upcoming learning activity; snapshot of our intense learning in June with Kelvin Ng; the upcoming **IDG Global events** with discount code; an invitation to co-create a watch party of IDG October Summit; an important reading piece **The system within: Addressing the inner dimensions of sustainability and systems transformation** from Club of Rome, written by Jamie Bristow and co-authored by Christine Wamsler, Otto Sharmar, Tomas Björkman, and several other important thinkers.

- IDG HK: Renaming of Hub – [Rename of Hong Kong Hub](#)
- IDG HK: Upcoming learning – [Upcoming Learning](#)
- IDG HK: [June Learning Recap – Inner Growth & Personal Effectiveness](#)
- IDG HK: [Chat with IDG HK friends](#)
- IDG Global: [IDG October Summit on 16-18th Oct with Discount Code](#)
- IDG Global: Earth edition – [Earth for All: A Survival Guide for Humanity](#)

IDG Hub of Hong Kong

Rename of Hong Kong Hub

In alignment with the global IDG Hub / Network naming convention request i.e. IDG + Location + Theme / focus + Hub / Network, with immediate effect the IDG Hub of Hong Kong has renamed to:

IDG Hong Kong Community Hub

This change has no impact on the mission and future activities we are running.

Upcoming Learning

The Core team of the IDG Hong Kong Community Hub is taking a short summer break. We will resume our learning sessions and IDG activities in the fall. During this break, we will review of our past activities and plan some exciting new learning sessions and activities. If you have any ideas on personal growth topics you are interested, activity you see would foster personal growth & connection, and connection to IDG related resources or passionate entity, please connect with us! We love to hear from you!

Also, please connect us if you are interested to co-create a watch party of the IDG October Summit in Hong Kong!

June Learning Recap – Inner Growth & Personal Effectiveness

In June, Kelvin has let the participants explore and experience how we perceive and interpret the task and people we interactive with could be more expansive and less reactive.



Chat with IDG HK friends

Join the IDG HK Whatsapp group [HERE](#) to interact and exchange inner growth-related topics and thoughts with the IDG HK friends.

Build your inner strengths with your family and friends. Invite them to join the IDG HK Community [HERE](#) so that they speak the same language and share the inner joys with you.

IDG Global Events

IDG October Summit on 16-18th Oct with Discount Code

Hope you are joining the IDG Summit this year on 16-18 Oct 2024 in Stockholm. Learn more about the Summit [HERE](#).

Discount code: as a member of the IDG Hong Kong Community Hub, you can get a 25% discount for your in-person ticket by entering this promotion code **IDGfriend25** when you register.

Earth for All: A Survival Guide for Humanity

Earth for All: A Survival Guide for Humanity, a Report to The Club of Rome, offers system change pathways to avoid ecological and societal collapse through 'extraordinary turnarounds' in key policy areas. While ambitious policy levers are much needed, sustainable change hinges on integrating material interventions with consideration of the human inner dimension: reckoning with the deep collective structures of thought foundational to failing systems, and nurturing the inner capacities necessary to overcome barriers to collective action and structural transformation.

This Deep-Dive paper aims to complement Earth for All by highlighting the overlooked inner dimension of system change, and supplying systems thinkers with the language to advocate for psychological, social and spiritual factors crucial to sustainable solutions. It discusses worldviews, mindsets, values and identity as root drivers of cultural behaviour, their interaction with psychological and behavioural tendencies, and the transformative inner capacities that can be

cultivated to intervene at deep leverage points; and introduces existing initiatives leading the way in integrating inner and outer dimensions of system change.

"The system within - Addressing the inner dimensions of sustainability and systems transformation", [HERE](#) is the link to the paper.

Inner Development Goal (IDG) aims to simplify a complex field of inner development into a framework that helps to identify, understand, communicate, develop and integrate the inner skills needed for sustainable development.

Best regards,

The Core team of IDG Hub of Hong Kong

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